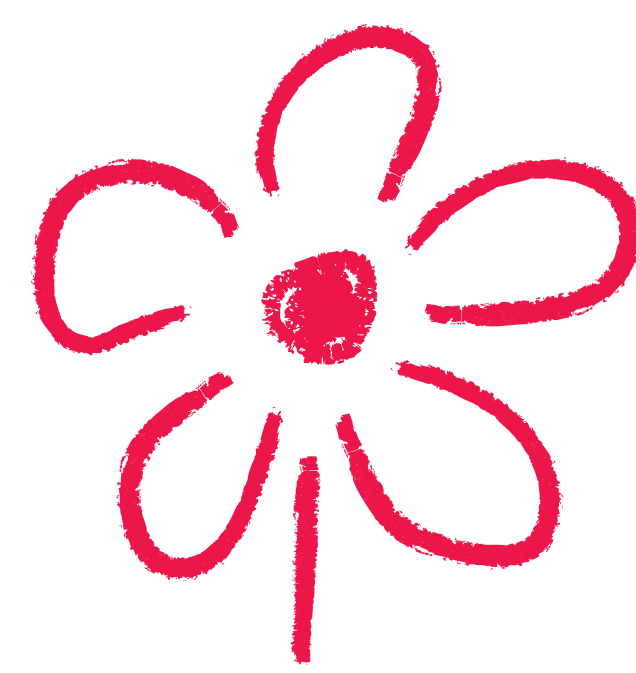


bold Celebrations Exhibition Interpretation



Approximately 90,000 people in Scotland live with a dementia;
over 3000 of those are under the age of 65.

Some estimates suggest that 1 in 3 people born today will go on to develop a dementia.

Although there are many misconceptions about living with dementia,
bold envisages a Scotland where living with dementia doesn't
matter for who we are as people or how we live our lives.

We exist to: **bring
out
leaders in
dementia**

bold strives to change misconceptions by inspiring and
contributing to flourishing communities.

bold launched in 2019 through a partnership between the University of Edinburgh
and Queen Margaret University, funded by the Life Changes Trust. We are an
award-winning project that brings people together on an equal footing through an
innovative Social Leadership programme, and a **bold** community partners network.

We focus on creativity to encourage innovation, personal development and self-
care. We recognise that people with dementia and their care partners are already
experts by their experience, with the potential to be leaders. Through developing social
leadership skills people grow in confidence, sharing their voices and stories widely
to make positive differences for people living with dementia at a societal level.

This vibrant **bold** Celebrations Art Exhibition has been curated and created by our **bold**
community partners, some of whom live with dementia. They took part in an artwork
selection panel over 4 meetings. The selected art works, and the panel's thoughts, in this
exhibition capture journeys of self-development and tell stories of lived and new experiences
through poetry, clay and collage to inspire and challenge outdated notions of dementia.

Each piece was created during a 6-week **bold** Online Social Leadership Programme.
No previous experience or qualifications were needed. The functions of thinking,
feeling and being alongside the understanding that there is no right or wrong in
creativity are at the heart of bold. The process is more important than the result
and is how we innovate, imagine and flourish together as a community.

To find out more about this unique celebration of thinking, feeling and being **bold** go to:

bold-scotland.org/bold-celebrations



THE UNIVERSITY
of EDINBURGH

bold Bringing Out
Leaders in Dementia



Queen Margaret
University
EDINBURGH